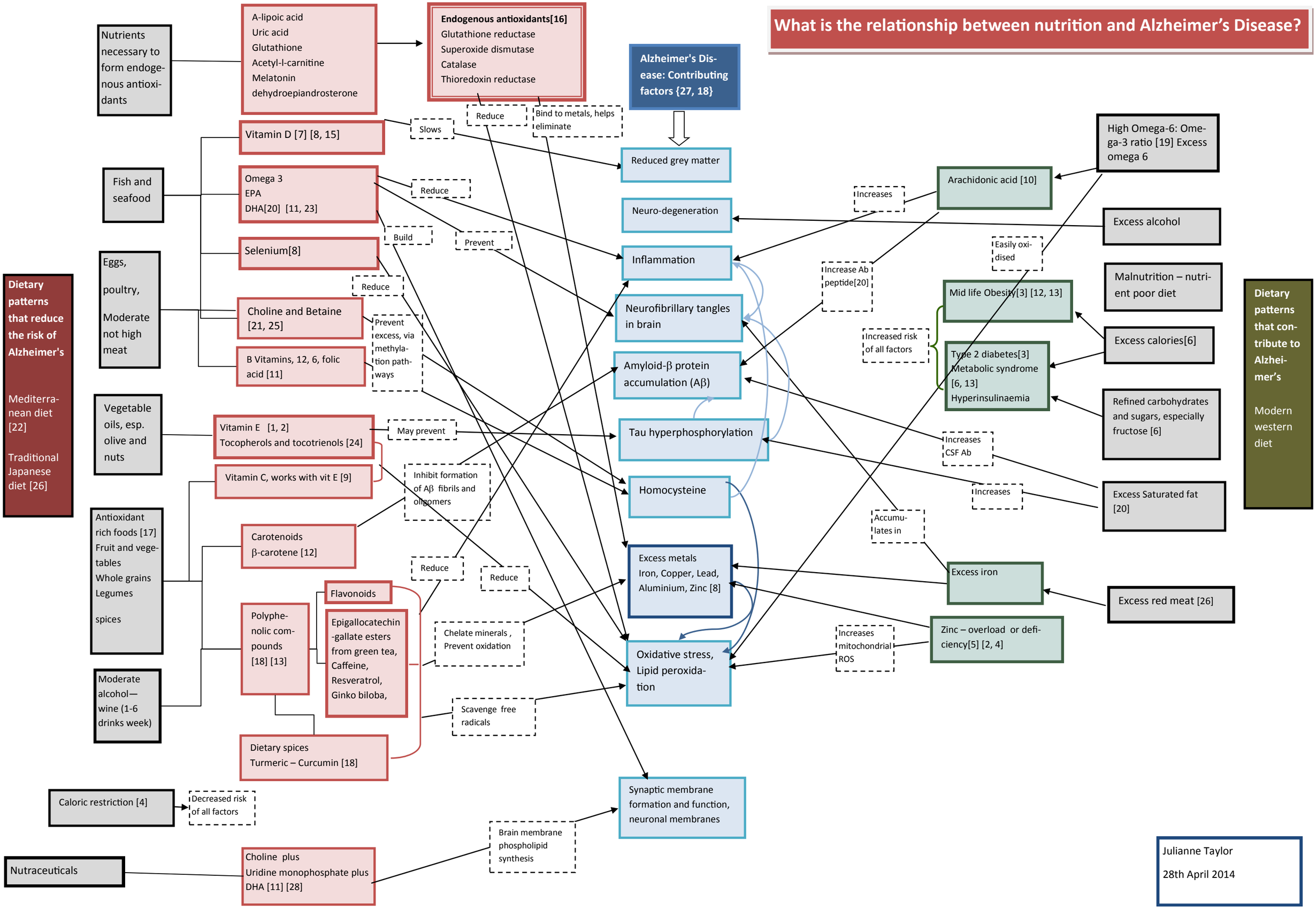What is the relationship between nutrition and Alzheimer's Disease?